

Princeton Invite - 02/16/13
Jadwin Gymnasium
Princeton, NJ
Performance List

Event 1 Women Weight Throw

Name	School	Seed Mark
1 Cioffi, Chelsea	Princeton	
2 Doyle, April	Kutztown	
3 Elzey, Kari	Delaware	
4 Farrell, Rosealine	Kutztown	
5 Furman, Taylor	Ramapo	
6 Godsey, Jader	Towson	
7 Hagenauer, Monica	Delaware	
8 Hudgins, Alyssa	Georgian Cou	
9 Okieme, Tiffany	Georgian Cou	
10 Okoye, Sylvia	Wheaton (Mas	
11 Pantale, Alana	Delaware	
12 Rowe, Brielle	Princeton	
13 Shirley, Melissa	Towson	
14 Sniscak, Courtney	Delaware	
15 Wagner, Joan	Kutztown	
16 Wildermuth, Nicole	Kutztown	

Event 2 Men Weight Throw

Name	School	Seed Mark
1 Lowery, John	Kutztown	
2 Nkama, Samuel	CCNY	
3 Rodgers, Dillon	Ramapo	
4 Schwendtner, Jim	Delaware TC	
5 Varichione, Christopher	Kutztown	

Event 3 Men Shot Put

Name	School	Seed Mark
1 Black, Christopher	Kutztown	
2 Brenza, Jacob	Penn	
3 Byrne, Tim	Delaware TC	
4 Farelli, John	Delaware TC	
5 Fogg, Jesse	Shippensburg	
6 Garcia, Javier	Cheyney	
7 Huckabee, Matthew	Lincoln (Pa.	
8 Lamy, Brendan	Kutztown	
9 Lowery, John	Kutztown	
10 Nkama, Samuel	CCNY	
11 Rodgers, Dillon	Ramapo	
12 Rushton, Scott	Princeton	

Event 4 Women Shot Put

Name	School	Seed Mark
1 Doyle, April	Kutztown	
2 Ettarh, Aretah	Delaware	
3 Evans-Anfom, Leone	Towson	
4 Furman, Taylor	Ramapo	
5 Gemignani, Laura	Georgian Cou	
6 Hagenauer, Monica	Delaware	

7 Hoover, Maria	Kutztown
8 Hudgins, Alyssa	Georgian Cou
9 Kennedy, Theresa	Princeton
10 Kerber, Julie	Georgian Cou
11 Lyburn, Natasha	Cheyney
12 McKenna, Elizabeth	Princeton
13 Okieme, Tiffany	Georgian Cou
14 Pantale, Alana	Delaware
15 Shirley, Melissa	Towson
16 Stallings, Ashleigh	Towson
17 Wagner, Joan	Kutztown
18 Wildermuth, Nicole	Kutztown

Event 5 Women Long Jump

Name	School	Seed Mark
1 Anderson, Lauren	Penn	
2 Austin, Wilhelmina	Towson	
3 Barna, Lyndsay	Shippensburg	
4 Berger, Gillian	Penn	
5 Catania, Katie	Kutztown	
6 James, Latoya	Delaware	
7 Kennedy, Theresa	Princeton	
8 Krause, Kerry	Princeton	
9 Leonard, Micah	Moravian	
10 McDonald, Jessica	Delaware	
11 McKenna, Elizabeth	Princeton	
12 Miller, Lily	Princeton	
13 Morris, Paige	Delaware	
14 Nendza, Spencer	Delaware	
15 Nicola, Ashley	Shippensburg	
16 Pierre, Vanessa	Towson	
17 Rogers, Anita	Ramapo	
18 Ronde, Sara	Princeton	
19 Salke, Katie	Towson	
20 Schrum, Damaris	Shippensburg	
21 Thomas, Shanavia	Cheyney	
22 Vanek, Allison	Moravian	
23 White, Michelle	Delaware	

Event 6 Men Long Jump

Name	School	Seed Mark
1 Antoine, Kerby	Kutztown	
2 Bowers, Ben	Penn	
3 Brown, Ackeme	Ramapo	
4 Daley, Jason	Unattached	
5 Deboer, Cody	Shippensburg	
6 Dehazya, Peter	CCNY	
7 Dickinson, Kyle	Shippensburg	
8 Dolphin, Adam	Cheyney	
9 Dowell, Phillip	Unattached	

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Event 6 ... (Men Long Jump)

	Name	School	Seed Mark
10	Fuehring, Jason	Moravian	
11	Gatewood, Richard	Kutztown	
12	Gray, Josh	Ramapo	
13	Ibikunle, Semi	Penn	
14	Joint, Kris	Moravian	
15	Jones, Jewel	Cheyney	
16	Kirkland, Herman	Shippensburg	
17	Lucas, Aaron	Garden State	
18	Myers, Albert	Moravian	
19	Nkama, Samuel	CCNY	
20	Nnamani, Ikechi	Penn	
21	Terry, Matthew	Shippensburg	
22	Vanterpool, Garnet	CCNY	
23	Waithe, Steve	Shippensburg	
24	Wint, Kwesi	Shore AC	

Event 7 Women Triple Jump

	Name	School	Seed Mark
1	Ashby, Lindsey	Cheyney	
2	Austin, Wilhelmina	Towson	
3	Banks, Cree	Shippensburg	
4	Douma, Sara	Unattached	
5	Leonard, Micah	Moravian	
6	McDonald, Jessica	Delaware	
7	Morris, Paige	Delaware	
8	Nendza, Spencer	Delaware	
9	Owens, Antonnikka	Unattached	
10	Pierre, Vanessa	Towson	
11	Rogers, Anita	Ramapo	
12	Salke, Katie	Towson	

Event 8 Men Triple Jump

	Name	School	Seed Mark
1	Dowell, Phillip	Unattached	
2	Droughn, Ed	Cheyney	
3	Flores, Kevin	CCNY	
4	Fuehring, Jason	Moravian	
5	Gray, Josh	Ramapo	
6	Jett, Jordan	Penn	
7	Joint, Kris	Moravian	
8	King, Travis	Moravian	
9	Nkama, Samuel	CCNY	
10	Reeves, Darius	Cheyney	
11	Terry, Matthew	Shippensburg	
12	Waithe, Steve	Shippensburg	

Event 9 Men High Jump

	Name	School	Seed Mark
1	Harriger, Nathan	Penn	
2	Jarrett, Omar	Princeton	
3	Lucas, Aaron	Garden State	
4	Nnamani, Ikechi	Penn	
5	Ramsey, Jalen	Shippensburg	
6	Reynolds, Maalik	Penn	
7	Soerens, Stephen	Princeton	
8	Wint, Kwesi	Shore AC	

Event 10 Women High Jump

	Name	School	Seed Mark
1	Anderson, Samantha	Princeton	
2	Busack, Inka	Princeton	
3	Campbell, Evan	Towson	
4	Cooke, Jessica	Towson	
5	Dabney, Ashley	Towson	
6	Eshleman, Rachel	Kutztown	
7	Evancho, Kelsey	Delaware	
8	Fieldman, Ariel	Penn	
9	Flick, Erin	Shippensburg	
10	Foster, Toresha	Delaware	
11	Georgalis, Nikolette	Penn	
12	Heath, Morgan	Lincoln (Pa.	
13	Kalvoda, Elizabeth	Delaware	
14	Keller, Michelle	Towson	
15	Kimsey, Sarah	Kutztown	
16	Lane, Mollie	Wheaton (Mas	
17	Morgan, Taylor	Princeton	
18	Ranly, Anna	Towson	
19	Sondermann, Maeghan	Shippensburg	
20	Vickers, Emerald	Towson	

Event 11 Women Pole Vault

	Name	School	Seed Mark
1	Breski, Megan	Shippensburg	
2	Bresz, Kellie	Shippensburg	
3	Brown, Davielle	Penn	
4	Deckert, Megan	Towson	
5	Ebbert, Justine	Kutztown	
6	Filion, Nicole	Delaware	
7	Fineman, Dana	Moravian	
8	Gligor, Alexis	Delaware	
9	Gorenflo, Haley	Delaware	
10	Hamscher, Brooke	Penn	
11	Hart, Jillian	Penn	
12	Kester, Hailey	Moravian	
13	Markow, Courtney	Delaware	

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Event 11 ... (Women Pole Vault)

Name	School	Seed Mark
14 Petti, Emilee	Towson	
15 Placentra, Laura	Penn	
16 Ressler, Ellie	Shippensburg	
17 Rubin, Sara	Princeton	
18 Schaefer, Rachel	Kutztown	
19 Sullivan, Emma	Kutztown	
20 Tauscher, Lauren	Princeton	
21 Vanek, Allison	Moravian	
22 Worthen, Tory	Princeton	

Event 12 Men Pole Vault

Name	School	Seed Mark
1 Berry, Percell	Kutztown	
2 Buck, Lanny	Kutztown	
3 Burns, Sean	Kutztown	
4 Hateley, Everett	Penn	
5 Karnopp, Ryan	Moravian	
6 Kloopping, David	Shippensburg	
7 Larson, Derek	Kutztown	
8 Li, John	Penn	
9 Oslin, Bryan	Princeton	
10 Pelisek, Brad	Princeton	
11 Phillippi, Adam	Shippensburg	
12 Sheldon, Richard	Princeton	
13 Van Leeuwen, Craig	Apex Vaultin	
14 Voda, Chris	Moravian	

Event 13 Women 60 Meter Dash Prelims

Name	School	Seed Time
1 Anyanwu, Joanna	Princeton	
2 Atcherson, Eva-Mallay	Towson	
3 Bong, Heather	Penn	
4 Carter, Jasmine	Cheyney	
5 Carter, Simone	Cheyney	
6 Catania, Katie	Kutztown	
7 Claflin, Amanda	Wheaton (Mas	
8 Clark, Chelsea	Ramapo	
9 Davis, Kaitlyn	Towson	
10 Easton, Emily	Princeton	
11 Ellsworth, Lauren	Shippensburg	
12 Evans, Bria	Kutztown	
13 Fiddes, Kelsey	Towson	
14 Flynn, Francesca	Wheaton (Mas	
15 Gaston, Yaneshia	Shippensburg	
16 Gillon, Cydney	Penn	
17 Hammonds, Jasmine	Ramapo	
18 Joyner, Kiera	Towson	
19 Keefer, Courtney	Shippensburg	

20 Martin, Courtney	Shippensburg
21 Muro, Alexandra	Delaware
22 Plesnar, Cierra	Shippensburg
23 Quattlebaum, Ashley	Cheyney
24 Rizio, Julia	Princeton
25 Rogers, Anita	Ramapo
26 Scott, Amber	Penn
27 Simmons, Michele	Delaware
28 Spencer, Amber	Wheaton (Mas
29 Vaughn, Desiree	Towson
30 Williams, Taylor	High Speed T
31 Wright, Brianna	Moravian

Event 14 Men 60 Meter Dash Prelims

Name	School	Seed Time
1 Agyapong, Ashhad	Shore AC	
2 Akinlawon, Fiyinfoluwa	Princeton	
3 Alexander, Jemaal	CCNY	
4 Ansley, Daryl	Ramapo	
5 Austin, Greg	Delaware TC	
6 Barr, John	Moravian	
7 Bowers, Ben	Penn	
8 Brown, Ackeme	Ramapo	
9 Dehazy, Peter	CCNY	
10 Diessongo, Thierry	CCNY	
11 Egbe, Amechi	C.T.S. Track	
12 Egi, William	Princeton	
13 Gardener, Austin	Unattached	
14 Jules, Brent	Penn	
15 Kirkland, Herman	Shippensburg	
16 McCoy, Nate	Cheyney	
17 McDonough, Ryan	Delaware TC	
18 Myers, Albert	Moravian	
19 Nkama, Samuel	CCNY	
20 Quezada, Anthony	C.T.S. Track	
21 Rembert, Braeden	Kutztown	
22 Rendina, Matthew	Unattached	
23 Steffen, Sebastian	Princeton	
24 Thomas, Derval	JamaicanWond	
25 Vanterpool, Garnet	CCNY	
26 Virgies, Daryl	Unattached	
27 Williams, Andre	Ramapo	
28 Wilson, Lonnell	Cheyney	

Event 15 Men 60 Meter Hurdles Prelims

Name	School	Seed Time
1 Barry, Seck	Penn	
2 Brown, Michael	Penn	
3 Gray, Josh	Ramapo	
4 Jean-Philippe, Adenford	Unattached	

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Event 15 ... (Men 60 Meter Hurdles Prelims)

Name	School	Seed Time
5 Matunis, Tyler	Kutztown	
6 Meshaw, Kori	Kutztown	
7 Mohr, Robert	Princeton	
8 Murray, Jacob	Kutztown	
9 Oslin, Bryan	Princeton	
10 Palmer, Jaivon	Ramapo	
11 Pelisek, Brad	Princeton	
12 Reeves, Darius	Cheyney	

Event 16 Women 60 Meter Hurdles Prelims

Name	School	Seed Time
1 Anderson, Samantha	Princeton	
2 Atcherson, Eva-Mallay	Towson	
3 Austin, Wilhelmina	Towson	
4 Barna, Lyndsay	Shippensburg	
5 Browne, Kamilah	Towson	
6 Butler, Danesha	Shippensburg	
7 Cooke, Jessica	Towson	
8 Dabney, Ashley	Towson	
9 Descano, Christina	Kutztown	
10 Fieldman, Ariel	Penn	
11 Fox, Bethany	Delaware	
12 Furman, Taylor	Ramapo	
13 Georgalis, Nikolette	Penn	
14 Gillon, Cydney	Penn	
15 Haupt, Rachel	Shippensburg	
16 Hinton, Maya	Towson	
17 Hollis, Torrey	Kutztown	
18 James, Latoya	Delaware	
19 Kennedy, Theresa	Princeton	
20 Krause, Kerry	Princeton	
21 Lyles, Daniesa	Shippensburg	
22 McKenna, Elizabeth	Princeton	
23 Redmond, Morgan	Moravian	
24 Richardson, Kim	Kutztown	
25 Salke, Katie	Towson	
26 Schaffer, Victoria	Kutztown	
27 Scott, Amber	Penn	
28 Stuetz, Caitlin	Shippensburg	
29 White, Michelle	Delaware	
30 White, Mikaila	Kutztown	
31 Williams, Katelynn	Towson	

Event 17 Men 1 Mile Run

Name	School	Seed Time
1 Dickson, George	Penn	
2 Ebanks, Daniel	Unattached	
3 Farrell, Dillon	Moravian	

4 Grieco, Joe	Delaware TC	
5 Meadows, William	Penn	
6 Nickel, Conor	Penn	
7 Trueman, John	Penn	
8 Witters, Ryan	Georgetown R	
9 Zucker, Jacob	Princeton Ru	

Event 18 Women 1 Mile Run

Name	School	Seed Time
1 Daly, Jayme	Kutztown	
2 Darlington, Amy	Penn	
3 Dragone, Deanna	Ramapo	
4 Ghazarian, Nicole	Penn	
5 Gispert, Emily	Delaware	
6 Goldberg, Jessie	Moravian	
7 Keep, Claudia	Bryn Mawr	
8 Lambert, Michele	Delaware	
9 Lambright, Emily	Moravian	
10 McKenzie, Lorain	Unattached	
11 McLeod, Christa	Ramapo	
12 O'Brien, Margaret	Delaware	
13 Porter, Sarah	Princeton	
14 Skokowski, Rachel	Princeton	
15 Smilgis, Jennifer	Moravian	
16 Talt, Gina	Princeton	
17 Tindall, Colleen	Unattached	

Event 19 Men 400 Meter Dash

Name	School	Seed Time
1 Ansley, Daryl	Ramapo	
2 Barnes, Anthony	CCNY	
3 Brown, Stephen	Kutztown	
4 Calero, Michael	Ramapo	
5 Caruso, Nate	Kutztown	
6 Dibari, Donald	CCNY	
7 Ellis, Sean	Ramapo	
8 Goncalves-Borrega, Lucas	Unattached	
9 Hollimon, Austin	Princeton	
10 John, Jamal	Shore AC	
11 Johnson, Jabari	Princeton	
12 Jones, Jordan	Shippensburg	
13 Jules, Brent	Penn	
14 McCoy, Nate	Cheyney	
15 McHugh, Travis	Princeton	
16 Myers, Jordan	Princeton	
17 Payne, Chad	Penn	
18 Pierce, Jamar	Ramapo	
19 Sandru, Cosmin	CCNY	
20 Scott, Tom	Princeton	
21 Smith, Ron	Kutztown	

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Event 19 ... (Men 400 Meter Dash)

Name	School	Seed Time
22 Tarselli, Seth	Shippensburg	
23 Treese, Michael	Shippensburg	
24 Watkins, Justin	Cheyney	
25 Williams, Andre	Ramapo	
26 Zerdoum, Yacine	Moravian	

Event 20 Women 400 Meter Dash

Name	School	Seed Time
1 Aumiller, Maisie	Shippensburg	
2 Broyles, Emily	Princeton	
3 Burch, Iris	Kutztown	
4 Campbell, Chelsi	Delaware	
5 Chaney, Danielle	Kutztown	
6 Clark, Chelsea	Ramapo	
7 Clemons, Monique	Shippensburg	
8 Coates, Caleigh	Kutztown	
9 Dupiche, Nijah	Delaware	
10 Fells, Briana	Shippensburg	
11 Green, Stephanie	Penn	
12 Hinton, Maya	Towson	
13 Keep, Claudia	Bryn Mawr	
14 Little, Ashante	Wheaton (Mas	
15 McKenzie, Lorain	Unattached	
16 Sarr, Yamundow	Towson	
17 Scannell, Meredith	Wheaton (Mas	
18 Stuetz, Caitlin	Shippensburg	
19 Sutter, Brielle	Moravian	
20 Updike, Amber	Ramapo	
21 Van Etten, Cassie	Shippensburg	
22 Van Zant, Allison	Kutztown	
23 Vuong, Carrie	Princeton	
24 Wenger, Emily	Towson	
25 Williams, Alyse	Towson	

Event 21 Men 800 Meter Run

Name	School	Seed Time
1 Brady, Logan	Delaware TC	
2 Brass, Dom	Kutztown	
3 Byrne, Jonathan	Kutztown	
4 Ebanks, Daniel	Unattached	
5 English, Colin	Ramapo	
6 Fehrstrom, Jamie	Princeton	
7 Flores, Kevin	CCNY	
8 Hoskere, Dhanush	Villanova Cl	
9 Kuter, Norbert	Garden State	
10 Mathabane, Nathan	Princeton	
11 Mayer, Brad	Kutztown	
12 Mengisteab, Naeb	Kutztown	

13 O'Donnell, Matt	Delaware TC
14 Orozco, Matt	Ramapo
15 Oubida, Bertrand	CCNY
16 Robinson, Mychal	Kutztown
17 Rousseau, Jaris	Garden State
18 Spinu, Alex	Wheaton (Mas
19 Witters, Ryan	Georgetown R

Event 22 Women 800 Meter Run

Name	School	Seed Time
1 Bennett, Samantha	Wheaton (Mas	
2 Cleary, Jen	Kutztown	
3 Cuccia, Gabby	Penn	
4 Dickens, Shanel	Delaware	
5 Herrick, Rachel	Ramapo	
6 Kollar, Kelsey	Towson	
7 Malone, Elaina	Towson	
8 Mazer, Jacqueline	Towson	
9 McCarthy, Shannon	Penn	
10 McGrainer, Nicole	Towson	
11 McKenzie, Lorain	Unattached	
12 McNally, Frances	Kutztown	
13 Miers, Henrietta	Princeton	
14 Nice, Brandy	Kutztown	
15 O'Neil, Kacie	Princeton	
16 Prettyman, Lindsay	Delaware	
17 Reilly, Samantha	Delaware	
18 Skokowski, Rachel	Princeton	
19 Springsteadah, Brianna	Ramapo	
20 Steenkamer, Meredith	Delaware	
21 Walsh, Katie	Ramapo	

Event 23 Men 200 Meter Dash

Name	School	Seed Time
1 Alexander, Jemaal	CCNY	
2 Austin, Greg	Delaware TC	
3 Barnes, Anthony	CCNY	
4 Barr, John	Moravian	
5 Barry, Seck	Penn	
6 Cason, Quran	Kutztown	
7 Clarke, Barry	Garden State	
8 Crawford, Greg	Kutztown	
9 Diessongo, Thierry	CCNY	
10 Gardener, Austin	Unattached	
11 Goncalves-Borrega, Lucas	Unattached	
12 Hill, Brandon	Trenton Trac	
13 John, Jamal	Shore AC	
14 Kujawski, Andrew	Shippensburg	
15 Myers, Albert	Moravian	
16 Palmer, Jaivon	Ramapo	

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Event 23 ... (Men 200 Meter Dash)

	Name	School	Seed Time
17	Rembert, Braeden	Kutztown	
18	Shaw, Kevin	Shippensburg	
19	Steffen, Sebastian	Princeton	
20	Tarselli, Seth	Shippensburg	
21	Treese, Michael	Shippensburg	
22	Vanterpool, Garnet	CCNY	
23	Virgies, Daryl	Unattached	
24	Williams, Andre	Ramapo	
25	Wilson, Lonnell	Cheyney	

Event 24 Women 200 Meter Dash

	Name	School	Seed Time
1	Anyanwu, Joanna	Princeton	
2	Aumiller, Maisie	Shippensburg	
3	Bergamo, Lauren	Towson	
4	Bong, Heather	Penn	
5	Browne, Kamilah	Towson	
6	Broyles, Emily	Princeton	
7	Butler, Danesha	Shippensburg	
8	Campbell, Chelsi	Delaware	
9	Claffin, Amanda	Wheaton (Mas	
10	Dangerfield, Evan	Kutztown	
11	Davis, Kaitlyn	Towson	
12	Dupiche, Nijah	Delaware	
13	Easton, Emily	Princeton	
14	Ellsworth, Lauren	Shippensburg	
15	Evans, Bria	Kutztown	
16	Fiddes, Kelsey	Towson	
17	Fieldman, Ariel	Penn	
18	Flynn, Francesca	Wheaton (Mas	
19	Foster, Toresha	Delaware	
20	Gaston, Yaneshia	Shippensburg	
21	Georgalis, Nikolette	Penn	
22	Glass, Corrine	Moravian	
23	Haupt, Rachel	Shippensburg	
24	Joyner, Kiera	Towson	
25	Keefer, Courtney	Shippensburg	
26	Little, Ashante	Wheaton (Mas	
27	Martin, Courtney	Shippensburg	
28	McKenzie, Lorain	Unattached	
29	Morris, Paige	Delaware	
30	Muro, Alexandra	Delaware	
31	Plesnar, Cierra	Shippensburg	
32	Quattlebaum, Ashley	Cheyney	
33	Rizio, Julia	Princeton	
34	Ronde, Sara	Princeton	
35	Shepherd, Sydney	Delaware	
36	Simmons, Michele	Delaware	

37	Spencer, Amber	Wheaton (Mas
38	Vaughn, Desiree	Towson
39	Williams, Taylor	High Speed T

Event 25 Men 1000 Meter Run

	Name	School	Seed Time
1	Chylak, Matt	Penn	
2	Jaramillo, Connor	Penn	
3	Naff, Keaton	Penn	
4	Orozco, Matt	Ramapo	
5	Tallerico, Thomas	Penn	
6	Welleck, Sean	Penn	

Event 27 Men 4x400 Meter Relay

	Team	Relay	Seed Time
1	CCNY	A	
	1) Barnes, Anthony	2) Dibari, Donald	
	3) Oubida, Bertrand	4) Sandru, Cosmin	
2	Garden State	A	
	1) Clarke, Barry	2) Kuter, Norbert	
	3) Rousseau, Jaris	4) Ford, Ira	
3	Garden State	B	
	1) Keers, Carson	2) Mindur, Matt	
	3) Ambrosio, Joe	4) Beamon, Jibril	
4	Kutztown	A	
	1) Crawford, Greg	2) Byrne, Jonathan	
	3) Smith, Ron	4) Robinson, Mychal	
5	Kutztown	B	
	1) Caruso, Nate	2) Brown, Stephen	
	3) Brass, Dom	4) Mayer, Brad	
6	Princeton	A	
	1) McHugh, Travis	2) Scott, Tom	
	3) Myers, Jordan	4) Johnson, Jabari	
7	Ramapo	A	
	1) Pierce, Jamar	2) Williams, Andre	
	3) English, Colin	4) Ansley, Daryl	

Event 28 Women 4x400 Meter Relay

	Team	Relay	Seed Time
1	Delaware	A	
	1) Foster, Toresha	2) Dupiche, Nijah	
	3) Campbell, Chelsi	4) Carroll, Alexandra	
2	Delaware	B	
	1) Dickens, Shanel	2) Simmons, Michele	
	3) Guptill, Lindsay	4) Knauer, Kelly	
3	Garden State	A	
	1) Haynes, Lauren	2) Lacosta, Erin	
	3) Jacob, Alexandra	4) Marks, Sylvia	

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Event 28 ... (Women 4x400 Meter Relay)

Team	Relay	Seed Time
4 Kutztown	A	
1) Nice, Brandy	2) Chaney, Danielle	
3) Van Zant, Allison	4) Burch, Iris	
5 Kutztown	B	
1) Cleary, Jen	2) Coates, Caleigh	
3) Evans, Bria	4) McNally, Frances	
6 Moravian	A	
1) Glass, Corrine	2) Redmond, Morgan	
3) Wright, Brianna	4) Sutter, Brielle	
7 Ramapo	A	
1) Walsh, Katie	2) Clark, Chelsea	
3) Herrick, Rachel	4) Updike, Amber	
8 Towson	A	
1) Campbell, Evan	2) Davis, Kaitlyn	
3) Wenger, Emily	4) Miles, Leslie	
9 Towson	B	
1) Fiddes, Kelsey	2) Martin, Shemika	
3) Hinton, Maya	4) Sarr, Yamundow	

Event 29 Women 500 Meter Run

Name	School	Seed Time
1 Barrett, Aryn	Towson	
2 Carroll, Alexandra	Delaware	
3 Grimes, Quanisha	Cheyney	
4 Guptill, Lindsay	Delaware	
5 Knauer, Kelly	Delaware	
6 Miles, Leslie	Towson	
7 Pitt, Jasmine	Cheyney	
8 Walker, Mckensie	Delaware	
9 Walsh, Katie	Ramapo	

Event 30 Men 500 Meter Run

Name	School	Seed Time
1 Calero, Michael	Ramapo	
2 Hill, Brandon	Trenton Trac	
3 Hollimon, Austin	Princeton	
4 Miklovich, Sam	Wheaton (Mas)	
5 Myers, Jordan	Princeton	
6 Scott, Tom	Princeton	

Event 31 Women 1000 Meter Run

Name	School	Seed Time
1 Bucaro, Kara	Towson	
2 Coning, Alicia	Towson	
3 Mazzo, Mellissa	Delaware	
4 McKenzie, Lorain	Unattached	
5 McLeod, Christa	Ramapo	
6 Talt, Gina	Princeton	

7 Wasserman, Rachel Delaware

Event 33 Women 3000 Meter Run

Name	School	Seed Time
1 Amey, Rachel	Delaware	
2 Brock, Emily	Ramapo	
3 Cohen, Karen	Towson	
4 Foulke, Kellye	Delaware	
5 Frank, Emily	Kutztown	
6 Kennedy, Alyssa	Delaware	
7 Koonz, Kayla	Delaware	
8 Ligotski, Brianna	Unattached	
9 Lockett, Meghan	Unattached	
10 May, Hilary	Georgetown R	
11 McKenzie, Hannah	Towson	
12 McLaughlin, Liz	Kutztown	
13 Palumbo, Brianna	Kutztown	
14 Schaefer, Nicole	Towson	
15 Scharrenbroich, Kaitlyn	Kutztown	
16 Schofield, Courtney	Ramapo	
17 Sidoriak, Emma	Delaware	
18 Simmons, Ashley	Towson	
19 Steenkamer, Katrina	Delaware	
20 Tauber, Elizabeth	Towson	
21 Weinberger, Rachel	Delaware	

Event 34 Men 3000 Meter Run

Name	School	Seed Time
1 Barrett, Sean	Georgetown R	
2 Begolly, Andrew	Kutztown	
3 Boyd, Chris	Unattached	
4 2 DeLaMora, Brian	US Naval Acad	
5 Dyas, Joe	Kutztown	
6 Ebanks, Daniel	Unattached	
7 Farrell, Dillon	Moravian	
8 Gum, Justin	Kutztown	
9 Inglis, John	Kutztown	
10 Johnson, Brent	Villanova Ru	
11 Murphy, Charles	Unattached	
12 Pfaeffle, Mark	Kutztown	
13 Stanton, Kyle	Villanova Ru	
14 Taylor, Brian	Kutztown	
15 Wegner, Michael	Unattached	